



## Ethnogeriatric Case Study Assignment Guidelines

For this assignment, you will have with two patients, one patient who presents for an annual exam with concerns about difficulty sleeping and another patient who presents for a routine follow-up visit.

For each patient, you will have a series of questions to answer related to your assessment of that patient. For each question, provide an overall answer. Then, for each specific question, describe any cultural considerations you feel are important for these three cultural groups:

- African-American Older Adults
- Filipino American Older Adults
- Hispanic/Latino American Older Adults.

A template is provided for you to use for this assignment.

### Required References:

*Provided in Canvas:*

- Hargrave, R. (2010). Health and health care of African American older adults. In V. S. Periyakoil (Eds.) *eCampus-Geriatrics*. Retrieved from [https://geriatrics.stanford.edu/ethnomed/african\\_american.html](https://geriatrics.stanford.edu/ethnomed/african_american.html)
- Periyakoil, V. J., & Dela Cruz, M. T., (2010). Health and health care of Filipino American older adults. In V. S. Periyakoil Eds. *eCampus-Geriatrics*. Retrieved from <https://geriatrics.stanford.edu/ethnomed/filipino.html>
- Talamantes, M. & Sanchez-Reilly, S. (2010). Health and health care of Hispanic/Latino American older adults. In V. S. Periyakoil Eds. *eCampus-Geriatrics*. Retrieved from <https://geriatrics.stanford.edu/ethnomed/latino.html>

*Student Responsible for Obtaining:*

- Jarvis e-book
- One article from a peer-reviewed journal published within the last 7 years for each ethnic group and each case study (a total of six additional articles).
- An APA reference of your choice.

This assignment will be graded using the rubric available in Canvas.